

## **AMERICAN CHIROPRACTIC ASSOCIATION SPORTS COUNCIL HOSTS ANNUAL SYMPOSIUM IN PORTLAND, OR**

The 2014 ACA Sports Council's annual symposium was held October 3rd-5th at the Embassy Suites Hotel in Portland, OR. With close to 200 in attendance, it was a weekend filled with stimulating lectures, exciting vendors and amazing social events. The weekend began with the TIPS program offered by the Foundation for Chiropractic Progress ([www.f4cp.com](http://www.f4cp.com)). Lecture topics thereafter ranged from Progressive Resistance Exercise to CrossFit to Shoulder Instability and included breakout sessions on Saturday to allow for more hands-on time with the instructors. Additional lectures included Functional Muscle Neurology and Updates on Concussion. On Sunday morning, the streets of Portland were lined with marathon runners and spectators, but attendees were in their seats learning about Running Biomechanics and Sports Nutrition. This symposium also marked the second year in a row where attendees could acquire their ICCSP certification through FICS. All of these events served to further educate members and attendees to ensure the continued growth of knowledge and success of sports chiropractic. The ACASC tradition of social events continued with nights out on the town to showcase downtown Portland and provide opportunities to connect doctors, students, vendors, speakers and the Executive Committee.

At the General Meeting and Luncheon on Saturday, attendees had the privilege of hearing 2012 Summer Olympian, Matt Centrowitz Jr., USA's top middle distance runner, speak on his experiences with training and how sports chiropractic has enhanced his career. The luncheon was also a time to recognize those who have gone above and beyond in their service to the Council. Appreciation awards were given to Dr. Len Ershow for his service to the Sports Council as an Executive Committee Member and to Dr. Annette Stevko for her continued work with helping to provide chiropractic care for the women on the PGA golf tour. The Student Appreciation Award was presented to Shea Stark (Texas Chiropractic College) for her hard work and service on the Student Executive Committee. The 2014 ACASC Sports Chiropractor of the Year Award was proudly presented by last year's recipient, Dr. Josh Glass, to the amazing Dr. Jim Kurtz. Dr. Kurtz has worked tirelessly in the field of sports chiropractic and humbly flashed his super bowl ring to the crowd, which he earned through his work with the 2014 NFL Championship Team, the Seattle Seahawks.

Election results were announced welcoming the new leaders of the executive committee: Dr. Karlie Steiner-Bailey as Treasurer, Dr. Norman Eng as Secretary, Dr. Michael Tunning as 2nd VP and the new President, Dr. Kelly Lange. Dr. Lange shared her vision for the ACA Sports Council while also welcoming all contributions to this discussion ([president@acasc.org](mailto:president@acasc.org)).

The Dr. Tom Hyde poster presentation awards were also handed out at the luncheon. Ten students participated and the winners were: Honorable Mention - Elizabeth Moos (Northwestern), Honorable Mention - Whitney Phillips (Western States), 3<sup>rd</sup> Place - Jennifer Nolan (Palmer West), 2<sup>nd</sup> Place - Adam Robinson (Palmer Davenport) and 1<sup>st</sup> Place – Eric Olson (Texas Chiropractic). As an additional reward for all student participants, an A.R.T. student seminar certificate (valued at \$1400) was raffled off and awarded to Isabella Reme (SCUHS).

Board Members of the ACASC were also proud to announce this year the start of the ACA Sports Council Student Scholarship Fund. The brainchild of ACASC Faculty Liaison, Ed

Feinberg, this scholarship program challenged doctors in the field to donate to the fund so that the Council may provide cash scholarships to the winners of the poster presentation contest supporting the bright futures of these up and coming sports doctors. The ACASC then matched these donations (up to \$5000). In addition to individual donations, Palmer College West was an institutional donor at the level of \$1,000. Many thanks are sent to all of those who supported this inaugural program. Please watch for more information on this program and ways you too can donate in the months ahead.

The Council looks forward to 2015's symposium to be held in the beautiful, Mile High City of Denver, CO.