



Sports Medicine

Athlete Log

Name: _____ Date: _____

| | | | | |
|------------------|------|--------|--------------|------------------------------------|
| DOB: | SEX: | Event: | Medications: | |
| Allergies: | | | Side: | Pain Level: 0 1 2 3 4 5 6 7 8 9 10 |
| Body Part: | | | | |
| Chief Complaint: | | | | |

Medical Professional:

- Doctor
- Nurse
- Athletic Trainer

- Massage Therapist
- Chiropractor
- Other _____

Treatment Plan 1:

Medical Professional Name: _____

Credential: _____

Signature: _____

Treatment Plan 2:

Medical Professional Name: _____

Credential: _____

Signature: _____

Treatment Plan 3:

Medical Professional Name: _____

Credential: _____

Signature: _____

Medications/Other Interventions:

Medical Professional Name: _____

Credential: _____

Signature: _____

Athlete

Signature: _____ Date: _____